

Haikus submitted to WSHA for National Public Health Week

Kind organ donors
Give others the gift of life
They are true heroes!
-Kevin O'Connor, LifeCenter Northwest President & CEO

Good health is easy
Prevention is a big step
Be responsible
-Duane Rossman, Virginia Mason Trustee

Eat sleep and play well
Be kind to others and pets
Live large and healthy
-Louise Hoy, Providence St. Joseph Health Senior Manager, National Communication and External Affairs Team

Caring hands, warm hearts,
VMM conquers cancer
And sends it packing!
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Bum knee or bad hip?
VMM ortho doctors
Will get you moving
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Born in Yakima?
Born at VMM, because
Babies matter here
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Straight from the garden
VMM grows healthy food

For patients and guests

-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Stitches? Broken leg?

VMM's ED is here

and ready for you

-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Sneezing in your arm

Especially your elbow

Is smart and not gross

-Jessica Symank, WSHA Director of Quality & Performance Improvement, Patient Safety

Getting all your sleep

Keeps your body feeling sweet

Tempur-Pedic bliss

-Scott Couch, WSHA Executive Assistant, Patient Safety

Health disparities

Impact to each one of us

Promote equity

-Lisa Segerstrom, WSHA Director of Quality & Performance Improvement, Patient Safety

Hospital Blue H

Community, beds, doctor

Feeling healthy now

-Cindy Skinner, WSHA Executive Assistant, Membership, Communications and CFO

Wear your condom please

I don't want to get pregnant

Or catch your disease

-Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality

Please get your flu shot

Cover your cough and your sneeze

And scrub those hands well

-Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality

It is just a text

Stay off your phone while driving

I need you alive

-Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality

Smoking is dirty

Smelly, expensive and gross

You do not look cool

-Cassie Sauer, WSHA President & CEO

Desert vacation

Very thirsty nursing babe

Me: All night buffet

Addressing issues

Affecting health of people

In communities

-Barbara Nativo, WSHA Payroll Administrator

Herd immunity

It really makes me want to

Just vaccinate you

-Sheena Tomar, WSHA Policy Analyst

Imperative act

Equilibrate nutrition

Is the therapy

-Trish Anderson, WSHA Director of Quality & Performance Improvement, Patient Safety

Now public health week

Suddenly best friend mindful

Enjoying the life

-Trish Anderson, WSHA Director of Quality & Performance Improvement, Patient Safety

Vaccinate your kids

So they don't infect their friends

With deadly disease

-Megan Boucher, WSHA Manager of Operations & Special Projects, Patient Safety