



UNIVERSITY *of* WASHINGTON

PSYCHIATRY & BEHAVIORAL SCIENCES

School of Medicine



**Integrated Care
Training Program**

UW Psychiatry & Behavioral Sciences

UW PSYCHIATRY INTEGRATED CARE TRAINING PROGRAM (ICTP)

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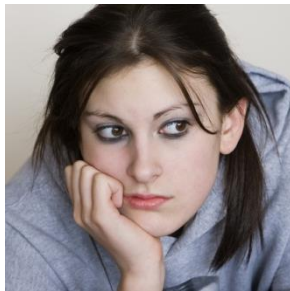
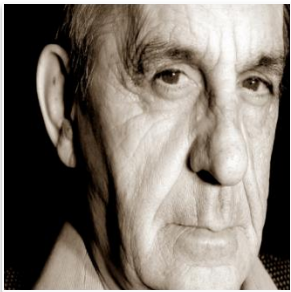
DIRECTOR OF INTEGRATED CARE TRAINING PROGRAM



UNIVERSITY *of* WASHINGTON

WHO GETS TREATMENT?

No Treatment



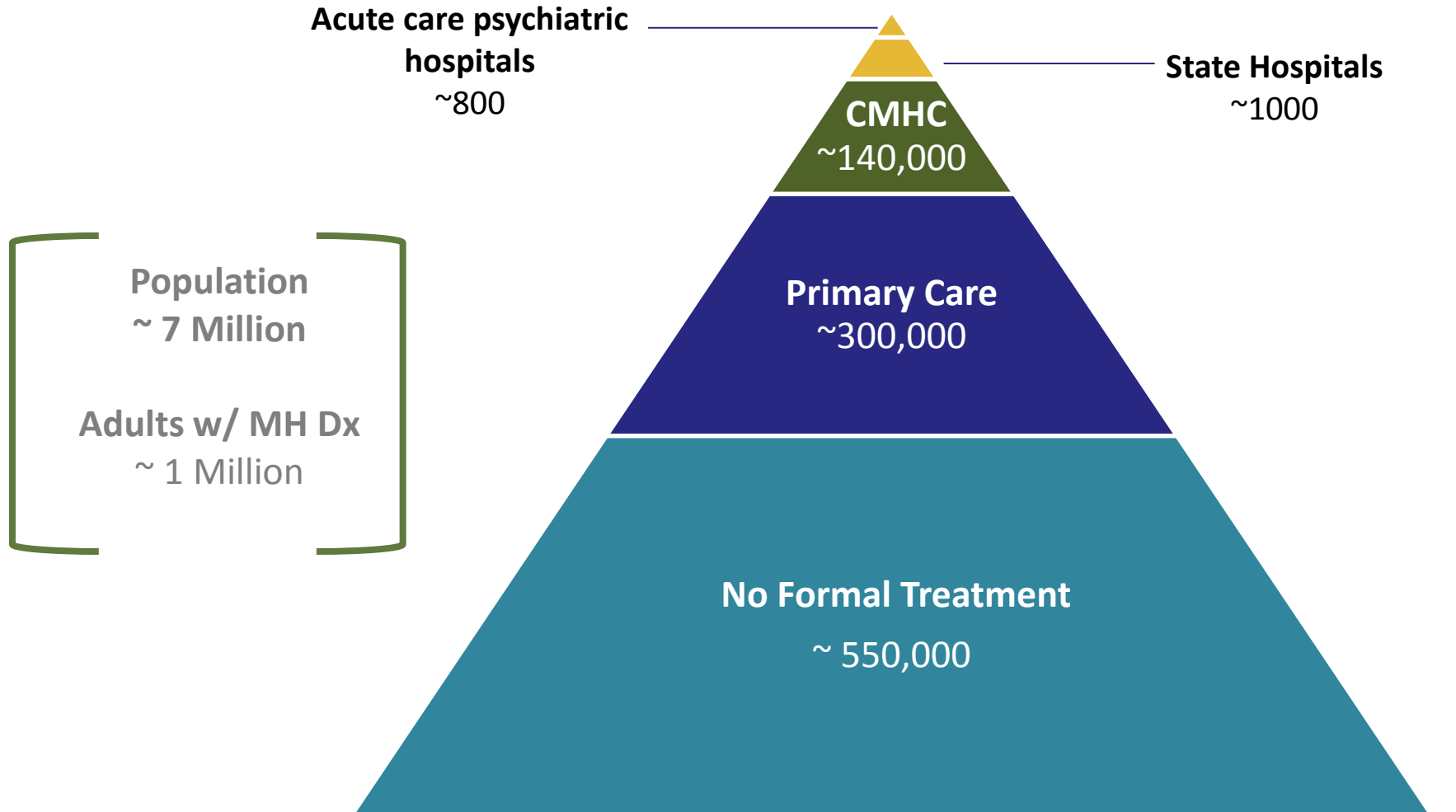
Primary Care Provider



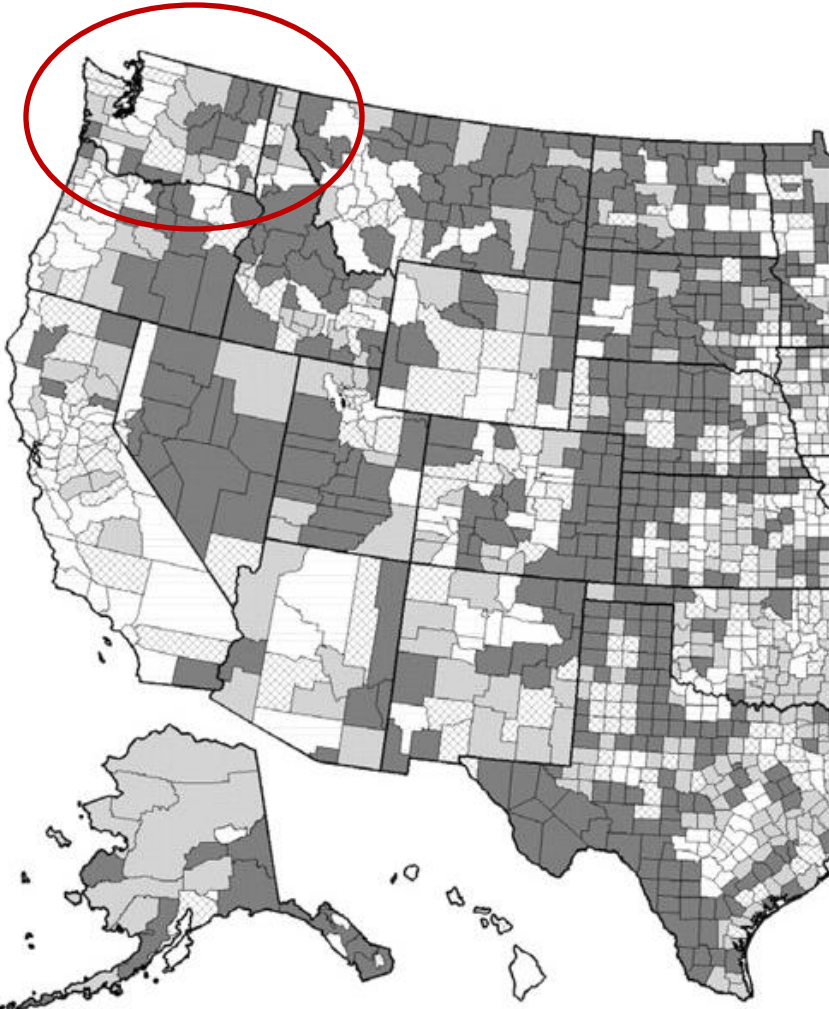
Mental Health Provider

Wang et al 2005

Behavioral Health Care in Washington State



WASHINGTON WORKFORCE: LIMITED ACCESS TO SPECIALTY MENTAL HEALTH PROVIDERS



Most counties
without a psychiatrist
or psychologist

HOW DO WE CLOSE THE GAP?

- Train more mental health specialists
 - UW Psychiatry Integrated Care Training Program (ICTP)
- Leverage mental health specialists more effectively
 - Partnerships
 - Collaborative Care / primary care
 - ECHO Case Conference
 - Consultation to community hospitals
 - Technology (tele psychiatry)

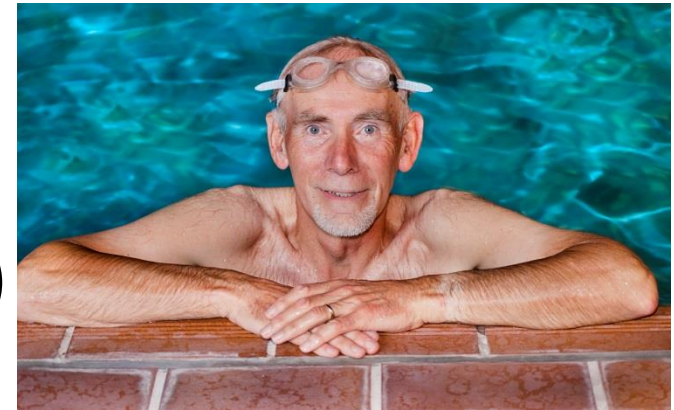
Evidence Based Integrated Care: Collaborative Care



Prepared, Pro-active
Practice Team



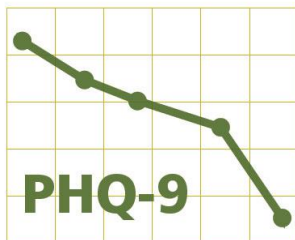
**Effective
Collaboration**



Informed,
Active Patient



Practice Support



Outcome
Measures

[ACTIVE PATIENTS]						
Plan	[Patient ID]	[Name]	[Encounter Date]	[Status]	[Initial Assessment Date]	[Progress]
	0001	Test, Test	2/8/2013	[T]	8/24/2013	
	0006	Test, Suzy	4/2/2013	[T]	5/23/2013	12
	0010	Test, Test	4/17/2012	[T]	4/25/2013	18
	0035	Test, Kpp Reminder	1/10/2013	[T]	1/10/2013	
	0036	Test Patient, Mhvc	1/23/2014	[T]	1/23/2014	22
	0041	Test, Test	3/4/2014	[T]	3/4/2014	
	0042	Test, Test	3/7/2014	[T]	3/7/2014	

Population
Registry

Problem Solving Treatment (PST)
Behavioral Activation (BA)
Motivational Interviewing (MI)
Medications

Treatment
Protocols



Psychiatric
Consultation

 **Integrated Care Training Program**

IMPACT: Summary



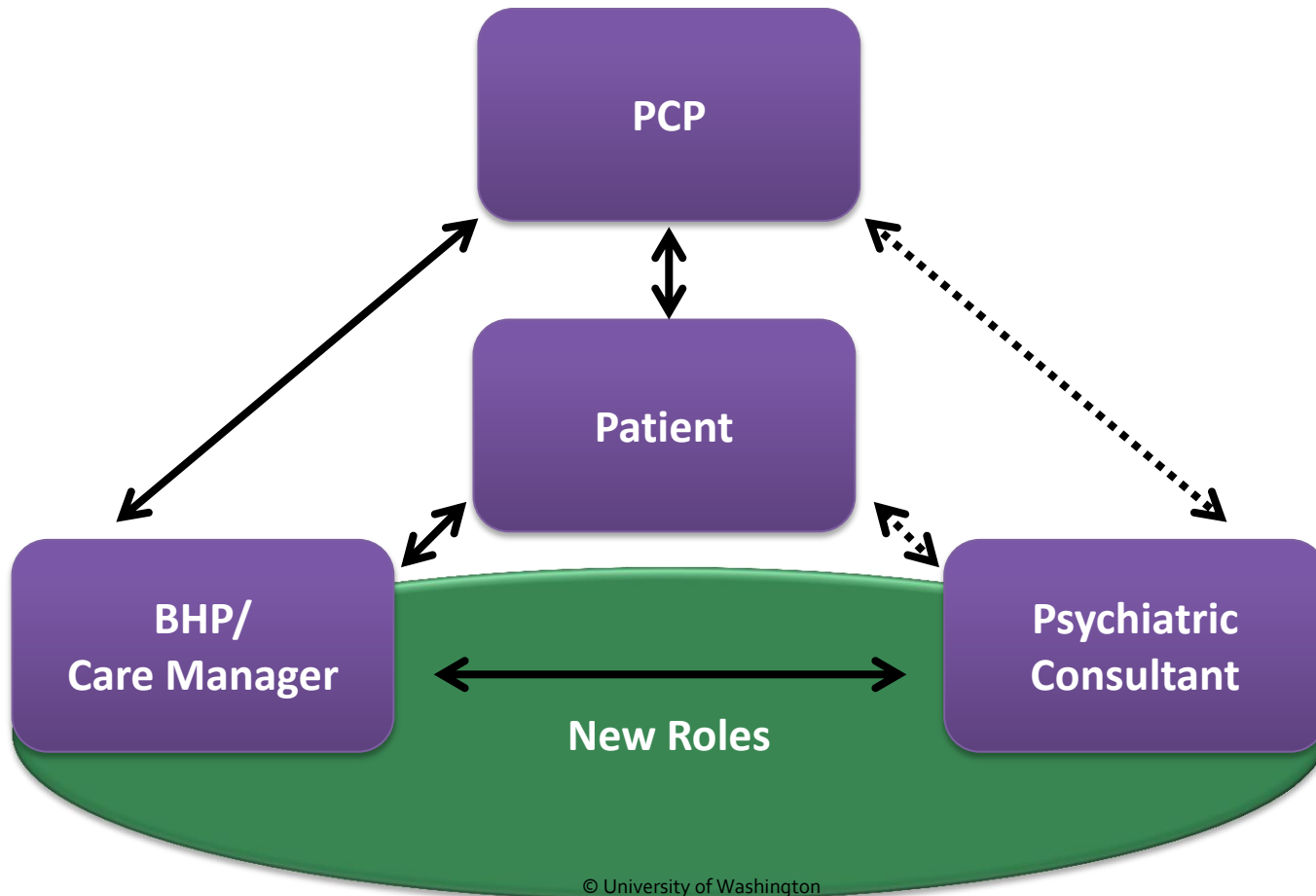
- 1) Improved Outcomes:
 - Less depression
 - Less physical pain
 - Better functioning
 - Higher quality of life
- 2) Greater patient and provider satisfaction
- 3) More cost-effective



→ **THE TRIPLE
AIM**

“I got my life back”

1. Psychiatrist Can Support Collaborative Care Remotely



2. UW PACC: Psychiatry and Addictions Case Conference

FREE to in WA State

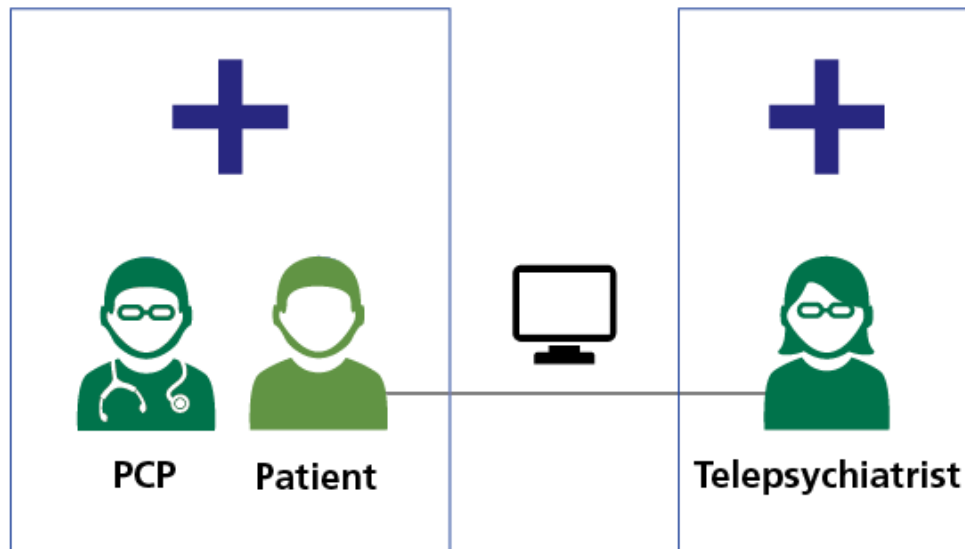
- Started July 2016
- Available through tele-video
- Weekly sessions
 - Mental health and addictions lectures
 - Case consultation
- Training opportunity



3. UW PCAT: Tele-video access for community Hospitals

Capital Medical Center

- Support by UW psychiatrists 7 days/week
- Tele-video consultation from psychiatrist for ED and inpatient wards



UW Integrated Care Psychiatry Training Program

Funding

- Funded and supported by the Washington State Legislature through the Safety-Net Hospital Assessment, working to expand access to psychiatric services throughout the State of Washington.

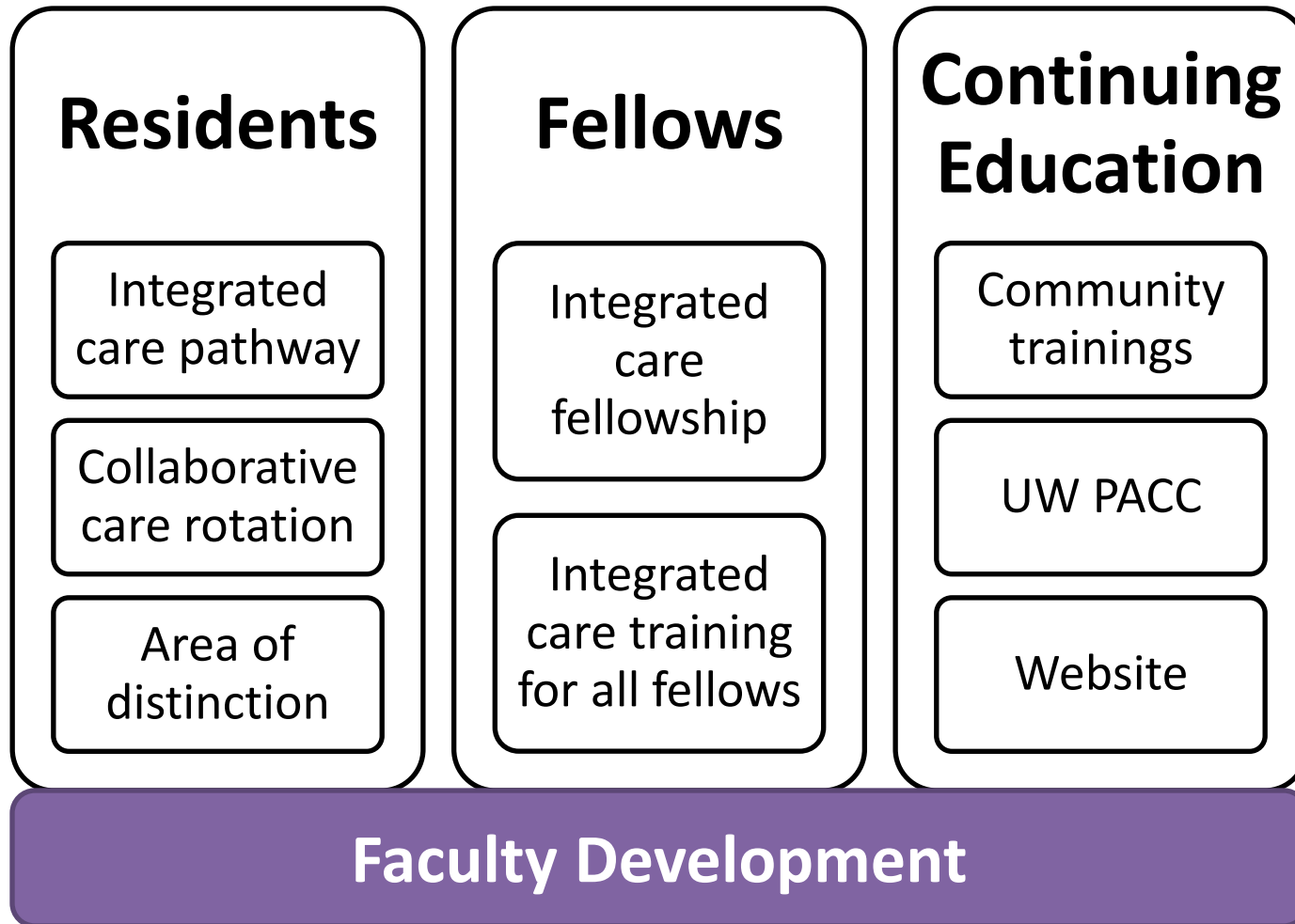
Vision

- We believe there is no health without mental health and that by training psychiatrists and other healthcare providers in evidence-based integrated care, we will increase the access to effective mental health care across Washington State.

Mission

- The mission of the University of Washington Integrated Care Training Program (UWICTP) is to improve the health of Washingtonians by preparing a workforce to advance effective, integrated behavioral healthcare.

Strategies For Psychiatrist Education

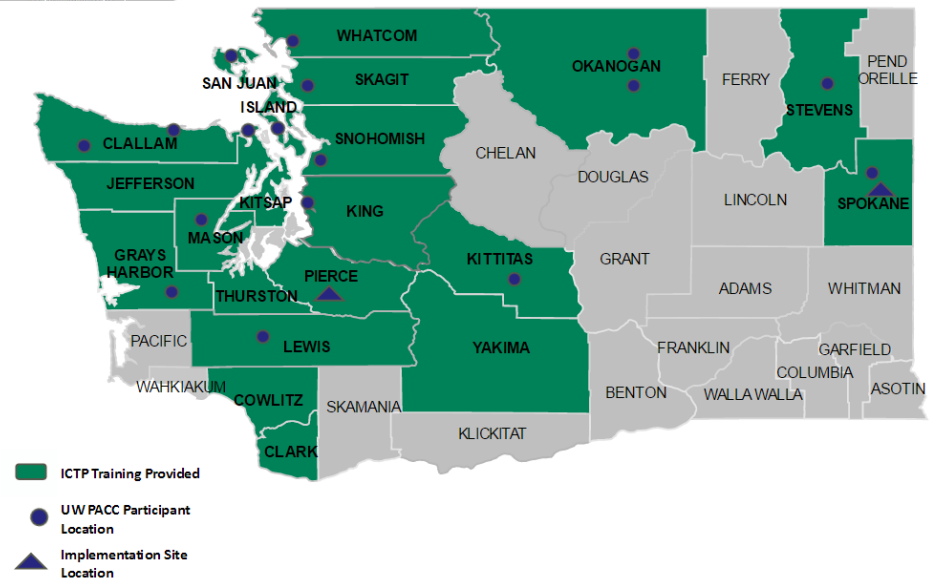


Impact

July 2015

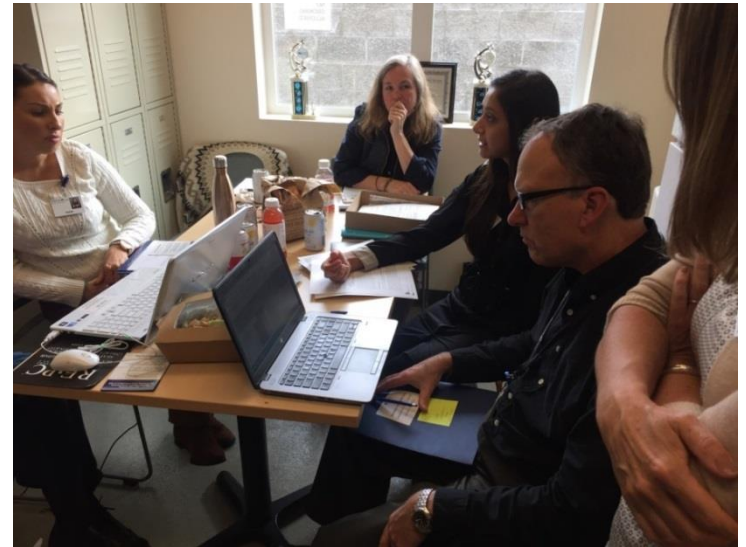


December 2016



Integrated Care Training Program

Impact



TRAINEES

- 37 Faculty Contributing to ICTP training
- 15 UW Psychiatry Fellows
- 20 UW Psychiatry Residents
- 109 Community-Based Psychiatrists
- 23 Collaborative Care Sites Trained
- 3 New Implementation Sites
- 410 UW PACC Attendees in 17 sessions

Future Directions: Improve Access to Effective Treat for ALL Washingtonians

- Psychiatric nurses training
 - Expand all training opportunities to this group of providers
- Training other team members: PCPs, Care Managers
 - Training the model of Collaborative Care
 - Using technology as part routine practice
 - Behavioral interventions delivered via technology
- Financing
 - Adopt Collaborative Care codes for Medicaid and commercial payments
 - Ensure all services delivered via technology are reimbursable

Questions?

Website: <http://ictp.uw.edu/>

