Telehealth State/ Federal Updates

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WashingtonState
TelehealthCollaborative

Federal Updates

- •The Drug Enforcement Administration (DEA) issued a <u>temporary rule</u> that further extends the ability to prescribe controlled substances via telemedicine without an in-person visit **through December 31, 2024**.
 - Will extend the full set of telemedicine flexibilities adopted during the COVID-19 public health emergency, including any practitioner-patient telemedicine relationships that have been or will be established up to December 31, 2024.
 - Effective November 11, 2023
 - Anticipated final rule in Fall 2024
- •CMS 2024 Physician Fee Schedule's final rule indicates that through December 31, 2024, CMS will continue to permit the distant site practitioner to use their currently enrolled practice location instead of their home address when providing telehealth services from their home.

Telemedicine Research Studies

- •The Journal of the American Medical Association (JAMA) released an <u>article</u> on the strong association between the level of telemedicine use and outpatient clinicians' time in the electronic health record as well as outside of patient scheduled hours.
 - There was no increase in electronic messages received from patients
 - Health systems and policy makers may need to alter productivity expectations and reimbursement policies
- •Annals of Internal Medicine published an <u>article</u> to compare treatment and follow-up visits between primary care telemedicine (audio and video) and in-person office visits
 - In-person return visits were somewhat higher after telemedicine compared with in-person primary care visits, but varied by specific clinical condition
 - The number of prescriptions, lab tests and radiological tests were all significantly lower after telemedicine and audio-only telemedicine visits