

Providing Increased Access to Quality Psychiatric Care Through Telehealth

Eliza Brink (she/her/hers), DNP, PMHNP Psychiatric Nurse Practitioner Spruce Psychiatric Associates Associate Teaching Professor University of Washington



## About me



Psychiatric Associates

## Not all telehealth is the same.

Increased access Increased demographic of patients served Improved coordination of care **Benefits** Increased compliance with follow up Decreased no shows Improved medication compliance Decreased provider burn out and flexibility Personal preference for in-person

**Technical difficulties** 

Practical Barriers

Insurance coverage

Laws and regulations



## Improving access through telehealth

## Questions and contact

Eliza Brink (she/her/hers), DNP, PMHNP Psychiatric Nurse Practitioner Spruce Psychiatric Associates Associate Teaching Professor University of Washington

ewbrink@uw.edu

