Haikus submitted to WSHA for National Public Health Week

Kind organ donors
Give others the gift of life
They are true heroes!
- Kevin O’Connor, LifeCenter Northwest President & CEO

Good health is easy
Prevention is a big step
Be responsible
-Duane Rossman, Virginia Mason Trustee

Eat sleep and play well
Be kind to others and pets
Live large and healthy
-Louise Hoy, Providence St. Joseph Health Senior Manager, National Communication and External Affairs Team

Caring hands, warm hearts,
VMM conquers cancer
And sends it packing!
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Bum knee or bad hip?
VMM ortho doctors
Will get you moving
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Born in Yakima?
Born at VMM, because
Babies matter here
-Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Straight from the garden
VMM grows healthy food
For patients and guests
- Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Stitches? Broken leg?
VMM’s ED is here
and ready for you
- Rebecca Teagarden, Virginia Mason Memorial Communications Specialist

Sneezing in your arm
Especially your elbow
Is smart and not gross
- Jessica Symank, WSHA Director of Quality & Performance Improvement, Patient Safety

Getting all your sleep
Keeps your body feeling sweet
Tempur-Pedic bliss
- Scott Couch, WSHA Executive Assistant, Patient Safety

Health disparities
Impact to each one of us
Promote equity
- Lisa Segerstrom, WSHA Director of Quality & Performance Improvement, Patient Safety

Hospital Blue H
Community, beds, doctor
Feeling healthy now
- Cindy Skinner, WSHA Executive Assistant, Membership, Communications and CFO

Wear your condom please
I don’t want to get pregnant
Or catch your disease
- Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality

Please get your flu shot
Cover your cough and your sneeze
And scrub those hands well
- Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality
It is just a text
Stay off your phone while driving
I need you alive
-Jennifer Graves, WSHA Senior Vice President of Patient Safety & Quality

Smoking is dirty
Smelly, expensive and gross
You do not look cool
-Cassie Sauer, WSHA President & CEO

Desert vacation
Very thirsty nursing babe
Me: All night buffet

Addressing issues
Affecting health of people
In communities
-Barbara Nativo, WSHA Payroll Administrator

Herd immunity
It really makes me want to
Just vaccinate you
-Sheena Tomar, WSHA Policy Analyst

Imperative act
Equilibrate nutrition
Is the therapy
-Trish Anderson, WSHA Director of Quality & Performance Improvement, Patient Safety

Now public health week
Suddenly best friend mindful
Enjoying the life
-Trish Anderson, WSHA Director of Quality & Performance Improvement, Patient Safety
Vaccinate your kids
So they don’t infect their friends
With deadly disease
-Megan Boucher, WSHA Manager of Operations & Special Projects, Patient Safety