### Senator Patty Murray

[Website](www.murray.senate.gov/)

Twitter: @PattyMurray

<table>
<thead>
<tr>
<th>Office</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Email Addresses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Washington D.C. Office</td>
<td>154 Russell SOB, Washington, D.C. 20510</td>
<td>(202) 224-2621 (phone), (202) 224-0238 (fax)</td>
<td><a href="mailto:mindi_linquist@murray.senate.gov">mindi_linquist@murray.senate.gov</a>, <a href="mailto:shawn_bills@murray.senate.gov">shawn_bills@murray.senate.gov</a>, <a href="mailto:jane_bigham@help.senate.gov">jane_bigham@help.senate.gov</a>, <a href="mailto:rachel_skeirik@murray.senate.gov">rachel_skeirik@murray.senate.gov</a></td>
</tr>
<tr>
<td>Spokane Office</td>
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<td>(509) 624-9515 (phone)</td>
<td><a href="mailto:vincy.fork@murray.senate.gov">vincy.fork@murray.senate.gov</a>, <a href="mailto:schedule@murray.senate.gov">schedule@murray.senate.gov</a>, <a href="mailto:Stateschedule@murray.senate.gov">Stateschedule@murray.senate.gov</a></td>
</tr>
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<td>Seattle Office</td>
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<td>(206) 553-5545 (phone), (866) 481-9186 (toll free)</td>
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</tr>
</tbody>
</table>

### Committee Assignments

- Appropriations
- Budget
- Health, Education, Labor & Pensions (chair)
- Veterans' Affairs
- Democratic Leadership, Conference Secretary

### Key Staff

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- Twitter: @SenatorCantwell

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  Spokane, WA 99201  
  (509) 353-2507 (phone)

### Committee Assignments

- Commerce, Science and Transportation (Chair); Energy and Natural Resources; Finance; Indian Affairs; Small Business and Entrepreneurship
<table>
<thead>
<tr>
<th>Representative</th>
<th>Key Staff</th>
</tr>
</thead>
</table>
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Chief of Staff  
aaron.schmidt@mail.house.gov |
| [Image](#) | **Kyle Hill**  
Legislative Director  
kyle.hill@mail.house.gov |
| [Image](#) | **Shanta Katipamula**  
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| [Image](#) | **Kelly Schulz**  
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Kelly.schulz@mail.house.gov |
| [Image](#) | **Kelly Marquardt**  
District Director  
Kelly.Marquardt@mail.house.gov |

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**District Office**
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(425) 485-0085 (phone)

**Committee Assignments**
Budget; Ways and Means; Agriculture

Twitter: @RepDelBene

**Appointment Scheduling:**
https://delbene.house.gov/contact/meeting-request.htm
<table>
<thead>
<tr>
<th>Representative</th>
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<tbody>
<tr>
<td><strong>Rick Larsen</strong></td>
</tr>
<tr>
<td>2nd Congressional District</td>
</tr>
<tr>
<td><a href="http://larsen.house.gov/">http://larsen.house.gov/</a></td>
</tr>
<tr>
<td>Twitter: @RepRickLarsen</td>
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<table>
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<th>Washington D.C. Office</th>
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<tr>
<td>2113 Rayburn HOB</td>
</tr>
<tr>
<td>Washington, D.C. 20515</td>
</tr>
<tr>
<td>(202) 225-2605 (phone)</td>
</tr>
<tr>
<td>(202) 225-4420 (fax)</td>
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<table>
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<tr>
<th>District Office</th>
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<tbody>
<tr>
<td>2930 Wetmore Avenue</td>
</tr>
<tr>
<td>Suite 9-F</td>
</tr>
<tr>
<td>Everett, WA 98201</td>
</tr>
<tr>
<td>(425) 252-3188 (phone)</td>
</tr>
<tr>
<td>(800) 562-1385 (toll free)</td>
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<tr>
<td><strong>Terra Sabag</strong></td>
</tr>
<tr>
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</tr>
<tr>
<td><a href="mailto:terra.sabag@mail.house.gov">terra.sabag@mail.house.gov</a></td>
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<tr>
<th>J.Z. Golden</th>
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<tr>
<td>Legislative Director</td>
</tr>
<tr>
<td><a href="mailto:j.z.golden@mail.house.gov">j.z.golden@mail.house.gov</a></td>
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| TBD |
| Health Care Legislative Assistant |

<table>
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<tr>
<th>Per Bergstrom</th>
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<tr>
<td>D.C. Scheduler</td>
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<td><a href="mailto:per.bergstrom@mail.house.gov">per.bergstrom@mail.house.gov</a></td>
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<th>Ryan Casey</th>
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<tr>
<td>District Director</td>
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<tr>
<td><a href="mailto:ryan.casey@mail.house.gov">ryan.casey@mail.house.gov</a></td>
</tr>
<tr>
<td>Representative</td>
</tr>
<tr>
<td>----------------</td>
</tr>
<tr>
<td>Marie Gluesenkamp Perez</td>
</tr>
<tr>
<td>3rd Congressional District</td>
</tr>
<tr>
<td>gluesenkampperez.house.gov/</td>
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<td>Twitter:</td>
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Committee Assignments
## Representative
### Dan Newhouse
#### 4th Congressional District

[https://newhouse.house.gov/](https://newhouse.house.gov/)
Twitter: @RepNewhouse

<table>
<thead>
<tr>
<th>Washington D.C. Office</th>
<th>Key Staff</th>
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<tbody>
<tr>
<td>504 Cannon House Office Building Washington, DC 20515 Phone: (202) 225-5816 Fax: (202) 225-3251</td>
<td></td>
</tr>
<tr>
<td><strong>District Office</strong></td>
<td><strong>Travis Martinez</strong></td>
</tr>
<tr>
<td>402 E. Yakima Ave</td>
<td>Legislative Director</td>
</tr>
<tr>
<td>Suite #1000 Yakima, WA 98901 Phone: (509) 452-3243 Fax: (509) 452-3438</td>
<td></td>
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<tr>
<td><strong>Committee Assignments</strong></td>
<td><strong>Rick Nelson</strong></td>
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<tr>
<td></td>
<td><strong>Aaron Larson</strong></td>
</tr>
<tr>
<td></td>
<td>Health Care Legislative Assistant <a href="mailto:aaron.larson@mail.house.gov">aaron.larson@mail.house.gov</a></td>
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<tr>
<td></td>
<td><strong>Jamie Daniels</strong></td>
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<td>District Director</td>
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Committee Assignments

Appointments Scheduling:
[https://newhouse.house.gov/contact/request-appearance](https://newhouse.house.gov/contact/request-appearance)
## Representative Cathy McMorris Rodgers
### 5th Congressional District

<table>
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<tr>
<th>Washington D.C. Office</th>
<th>Key Staff</th>
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</table>
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| Washington, D.C. 20515 |  
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| (202) 225-3392 (fax) | jared.powell@mail.house.gov |

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<th>Liz Payne</th>
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| (509) 353-2374 (phone) | liz.payne@mail.house.gov |

<table>
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<tr>
<th>Committee Assignment</th>
<th>Kristin Flukey</th>
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| Lead Republican of the Energy and Commerce Committee | Senior Legislative Assistant/Health  
| | kristin.flukey@mail.house.gov |

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<th>Appointment Scheduling:</th>
<th>Karli Plucker</th>
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<tbody>
<tr>
<td></td>
<td><a href="mailto:karli.plucker@mail.house.gov">karli.plucker@mail.house.gov</a></td>
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### Representative Cathy McMorris Rodgers


Twitter: @CathyMcMorris
## Representative
### Derek Kilmer
#### 6th Congressional District

Twitter: @RepDerekKilmer

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<th>Key Staff</th>
<th>Washington D.C. Office</th>
<th>Tacoma District Office</th>
<th>Bremerton District Office</th>
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<tr>
<td>Rachel Kelly</td>
<td>2059 Rayburn House Office Building Washington, D.C. 20515 (202) 225-5916 (phone) (202) 226-3575 (fax)</td>
<td>950 Pacific Avenue Suite 1230 Tacoma, WA 98402 253-272-3515 (phone)</td>
<td>345 - 6th Street, Suite 500 Bremerton, WA 98337 (360) 373-9725 (phone)</td>
<td>(Chair) Select Committee on the Modernization of Congress; Appropriations</td>
</tr>
<tr>
<td>Hayden Davis</td>
<td></td>
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<tr>
<td>Heather Painter</td>
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<tr>
<td>Andrea Roper</td>
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<tr>
<td>Jolie Libert</td>
<td></td>
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### Committee Assignments

Budget (Vice Ranking); Judiciary, Subcommittees: Immigration and Border Security; Courts, Intellectual Property and the Internet
### Representative
**Kim Schrier**  
8th Congressional District

Twitter: @RepKimSchrier

<table>
<thead>
<tr>
<th><strong>Washington D.C. Office</strong></th>
<th><strong>Key Staff</strong></th>
</tr>
</thead>
</table>
| 1123 Longworth HOB  
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(202) 225-4282 (fax) | **Erin O’Quinn**  
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| **Committee Assignment** | **Emilee Milborn**  
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subcommittees: Health, Energy,  
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## Representative

**Adam Smith**  
9th Congressional District

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Twitter: @rep_adam_smith

<table>
<thead>
<tr>
<th><strong>Washington D.C. Office</strong></th>
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</tr>
</thead>
</table>
| 2264 Rayburn HOB  
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(202) 225-8901 (phone) | **Shana Chandler**  
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| **Committee Assignment** | **Connor Stubbs**  
Legislative Director  
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| Chairman, House Armed Services Committee | **Sarah Servin**  
Deputy Chief of Staff and District Director  
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| **Caitlyn Cole**  
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## Washington State Congressional Directory (2023)
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10th Congressional District

Twitter: @RepStricklandWA

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  Lacey, WA 98503

- **6000 Main Street SW**
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  Lakewood, WA 98499
  (253) 533-8332 (phone)

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Foreign Affair

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- **Angela Shin**
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- **Liz Larter**
  District Director
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- **Liz Beltran**
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