

2023 Medicaid Quality Incentive Measure

Measure 10	
Contact Person	Ryan Robertson, (206) 216-2536
Measure Name:	Seclusion and Restraint
Measure eligibility:	All hospitals who wish to participate in MQI are eligible to complete this metric.
Why?	Seclusion and Restraint are a quality and patient safety indicator required by CMS and other accreditation entities. Many WSHA members continue to ask for data in event form that help benchmark in Washington state. The reporting by event and type will help create data that helps make informed decision at the facility level.
Clinical Rationale:	<p>All healthcare providers that value and respect an individual's autonomy, independence, and safety, seek to avoid the use of dangerous or restrictive interventions at all times (Donat, 2003). The use of seclusion and restraint is limited to situations deemed to meet the threshold of imminent danger and when restraint and seclusion are used; such use is rigorously monitored and analyzed to prevent future use.</p> <p>This is a new metric for 2023 and will likely become more robust in future years.</p> <p>Selected references:</p> <ul style="list-style-type: none"> • An analysis of successful efforts to reduce the use of seclusion and restraint at a public psychiatric hospital - PubMed (nih.gov) (Donat, 2003) • CMS Conditions of participation-Patient Rights, CFR-2010-title42-vol5-sec482-13.pdf (govinfo.gov) • Special Section on Seclusion and Restraint: Pennsylvania State Hospital System's Seclusion and Restraint Reduction Program (psychiatryonline.org) • CFR-2010-title42-vol5-sec482-13.pdf (govinfo.gov)
Definition:	<p>Number (count) of:</p> <ul style="list-style-type: none"> • Seclusion events – the involuntary confinement of a patient alone in a room or area from which the patient is physically prevented from leaving. • Restraint events – any manual method, restraint device, material, or equipment that immobilizes or reduces the ability of a patient to move their arms, legs, body, or head freely.
Included Populations:	Patients for whom at least one seclusion or physical/mechanical restraint event is reported during the month
Exclusions:	Exclusions: Restraint events where chemical restraints were utilized. This data will not be collected during the 2023 MQI reporting period.
Fields to be reported:	<p>Number (count) of:</p> <ul style="list-style-type: none"> • Seclusion events • Restraint events
Data Collection period:	July 1, 2023 - December 31, 2023

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Reporting deadline:	30 days after the close of the performance period or by January 31, 2024.				
Audits and validation: Do not change	Data are subject to audit by the state. WSHA will not audit but will complete a few basic validity checks.				
Submission Frequency:	Monthly (every month for the six months of the performance period from July 1, 2023, to December 31, 2023).				
Data collection system:	Washington State Hospital Association Quality Benchmarking System, QBS.				
Data Scoring:	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">Thresholds</td> <td style="text-align: center;">All Events</td> </tr> <tr> <td style="text-align: center;">Point Award 2023</td> <td style="text-align: center;">10 points</td> </tr> </table>	Thresholds	All Events	Point Award 2023	10 points
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