

# ***Patient Education***

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*Surgical Specialties Center*



# How to Prepare for Your Surgery

*Using MoviPrep to clean your bowel*

Your surgery is scheduled for:

Day: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ a.m./p.m.

**5 Days Before Your Surgery**

On: \_\_\_\_\_

You will receive three  
prescriptions for this  
bowel prep:

- **MoviPrep, 2 liters**

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Day: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ a.m./p.m.

### **5 Days Before Your Surgery**

On: \_\_\_\_\_

- Fill your prescription for MoviPrep, Neomycin, Metronidazole.
- If allergic, you will be given an alternate medication.
- Read this handout carefully.

You will receive three prescriptions for this bowel prep:

- **MoviPrep, 2 liters**
- **Neomycin, three 1-gram doses**
- **Metronidazole, three 1-gram doses**

You will need to have these prescriptions filled at a pharmacy before your surgery.

# 1 Day Before Your Surgery

On: \_\_\_\_\_

- Do not eat any solid food.
- Drink only clear fluids such as juice (apple, grape, or cranberry), broth, black coffee, tea, lemonade, sports drinks, soda pop, or Jell-O. Do not drink unfiltered juices, such as apple cider.
- The Moviprep carton contains 4 pouches and a container for mixing. The container is divided by 4 marks, each mark is 8 ounces.
- In the morning, prepare the MoviPrep solution:
  - Empty 1 “Pouch A” and 1 “Pouch B” into container.
  - Add lukewarm water to the top line of the container.
  - Mix to dissolve.
  - Refrigerate to improve taste.
- Starting at 8 a.m, drink 1 glass (8 ounces) of the MoviPrep solution every 15 minutes down to the next mark over 1 hour until full liter is complete. When you have finished the MoviPrep solution, drink at least 4 glasses (8 ounces each, for a total of 32 ounces) of clear fluids of your choice. The laxative should cause diarrhea within one hour.

- **Drink second dose starting at 10 a.m.** Drink 1 glass (8 ounces) every 15 minutes over 1 hour down to the next mark until full liter is complete. After you have finished the MoviPrep solution, drink at least 4 glasses (8-ounces each, for a total of 32 ounces) of clear fluids of your choice before you go to bed. The laxative should cause more diarrhea.
- Remember to drink plenty of fluids to prevent dehydration from frequent bowel movements.
- **Take your antibiotics by mouth at these times after you complete the bowel prep;**
  - **At 1pm take Neomycin (1 gram) and Metronidazole (1 gram)**
  - **At 3 pm take Neomycin (1 gram) and Metronidazole (1 gram)**
  - **At 11 pm take Neomycin (1 gram) and Metronidazole (1 gram)**

# The Day of Your Surgery

On:

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- The morning of your surgery, take all medicines approved by the pre-surgery clinic as directed with a sip of water.

## Special Instructions:

- If you have diabetes, your diabetes medicines **may** need to be adjusted. Please **talk with the** surgery clinic nurse.
- Please notify your physician if you experience dizziness, severe nausea or vomiting, severe belly pain, or if you are unable to finish the bowel prep.
- Signs of life-threatening reaction include wheezing, chest tightness, fever, or swelling of face, lips, tongue, or throat. Please seek emergency care if you experience any of the above.